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turn & zero

FSC MIX  
 Papier aus verantwortungsvollen Quellen  
 da Carta da S. Gerardo in piena responsabilità  
 FSC® C104808

MEMBER OF  
**CAREZZA dolomites**

**DOLOMITI SUPERSUMMER**

**EGGENTAL** **DOLOMITES SEISER ALM** **südtirol** **VAL DI FASSA**

**Carezza Ski Area**

Welschnofen / Tiers / / → **Sunniest Ski Area of the Dolomites**

LIFTS	SLOPES	65%	KINDER LAND
13	40 km	KÖNIG LAURIN	1 2

1 Snowpark Carezza - Family Fun Line & Kids Line  
 1 Themenpiste König Laurin / percorso leggende / themed slope  
 1 Sagenparcours / pista tematica / trail of legends König Laurin



**A König Laurin Tour**

Welschnofen / Tiers → König Laurin → 549 Sentiero Hirzsteig, teilweise Trittsicherheit erforderlich/necessario passo sicuro/requires mountaineering experience → 552 → Paolina → 6 → Karer See/Lago di Carezza/Lake Carezza → 10 → Hängebrücke/ponte sospeso/suspension bridge → 6 → 16 → Tschein → König Laurin → Welschnofen / Tiers

↔	🕒	↑	↓	❤️
7,5 km	2:45 h	0 hm	214 hm	🟡
LIFT 14 km	55 min.	1.531 hm	1.317 hm	🔑
TOT. 21,5 km	3:40 h	1.531 hm	1.531 hm	

Highlight hike for families



**B\* Kleine Rosen Garten Runde**  
 Giro piccolo del Catinaccio

Trittsicherheit erforderlich/necessario passo sicuro/requires mountaineering experience: Paolina → 552 → 9 → Vajolon Pass/Passo del Vajolon → 551 → 541 → Rotwandhütte/Rif. Roda di Vael Hut → 549 → 539 → Rif. Paolina Hütte Hut → Paolina

↔	🕒	↑	↓	❤️
7 km	3 h	460 hm	460 hm	🔴
LIFT 4 km	16 min.	499 hm	499 hm	🔑
TOT. 11 km	3:16 h	959 hm	959 hm	

**B Rosen Garten Runde - Giro del Catinaccio**

Trittsicherheit erforderlich, erster Abschnitt enthält Klettersteigpassagen/necessario passo sicuro, primo tratto comprende passaggi attrezzati di via ferrata/requires mountaineering experience, first section includes via ferrata passages: Welschnofen → König Laurin → 550 → Tschager Joch/Passo Coronelle (2.630m) → 541 → Passo Cigolade Pass (2.550m) → 541 → Rotwandhütte/Rif. Roda di Vael Hut → 549 → 539 → Rif. Paolina Hütte Hut → 552 → 549 → König Laurin → Welschnofen

↔	🕒	↑	↓	❤️
11 km	5 h	805 hm	805 hm	🔴
LIFT 10,7 km	42 min.	1.132 hm	1.132 hm	🔑
TOT. 21,7 km	5:42 h	1.937 hm	1.937 hm	

**C Kaiserstein Tour**

Welschnofen → 1A → 9 Highlight Kaiserstein → 9 → Moseralm → Tschein → König Laurin → Welschnofen

Variante:  
 Welschnofen → 15 → 16 → 1A → 9 Highlight Kaiserstein → 9 → Moseralm → Tschein → König Laurin → Welschnofen

↔	🕒	↑	↓	❤️
5,7 km	1:45 h	113 hm	259 hm	🟡
LIFT 10,2 km	39 min.	964 hm	818 hm	🔑
TOT. 15,9 km	2:24 h	1.077 hm	1.077 hm	

**D Frin - Kaiserstein Tour**

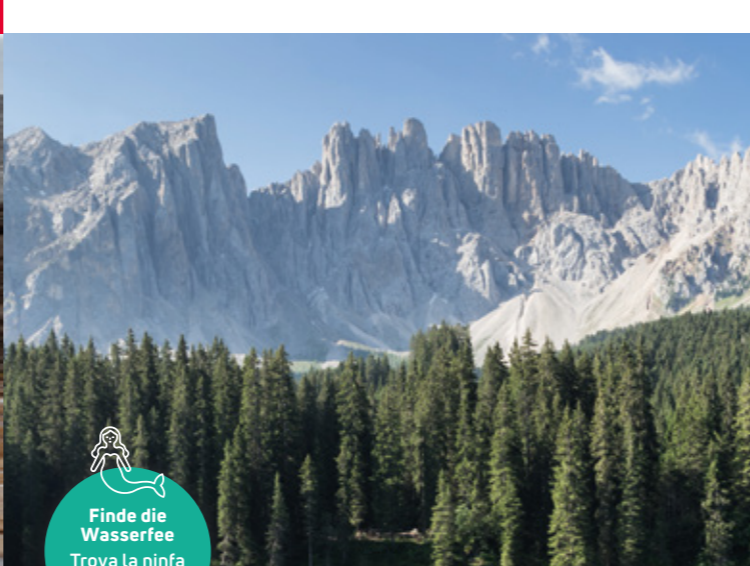
Welschnofen → 1A → 9 Highlight Kaiserstein → 9 → Moseralm → 16 → 1A → Welschnofen

↔	🕒	↑	↓	❤️
9,4 km	3:30 h	329 hm	329 hm	🟡
LIFT 7,2 km	26 min.	1.130 hm	1.130 hm	🔑
TOT. 16,4 km	3:56 h	1.459 hm	1.459 hm	

**E Kaiserin Sissi Tour**

Parkplatz/Parceggio/Parking Meierei → 6 → 3 → Elisabethdenkmal/monumento di Elisabetta/monument → 6 → 16

↔	🕒	↑	↓	❤️
8,5 km	2:30 h	187 hm	187 hm	🟡



Finde die Wasserfee  
 Trova la ninfa  
 Find the water nymph

Erlebnis Familienwanderung  
 Escursione per tutta la famiglia  
 Family hiking tour

**F Karer See Rundwege - Lago di Carezza Tours**

Short round → 10  
 Middle tour → 6 → 10  
 Long tour → 6 → 10 → 12 → 12A → 11

↔	🕒	↑	↓	❤️
1,3 km	20 min.	21 hm	28 hm	🟡
2,5 km	40 min.	81 hm	81 hm	🟡
4,4 km	1:16 h	150 hm	150 hm	🟡

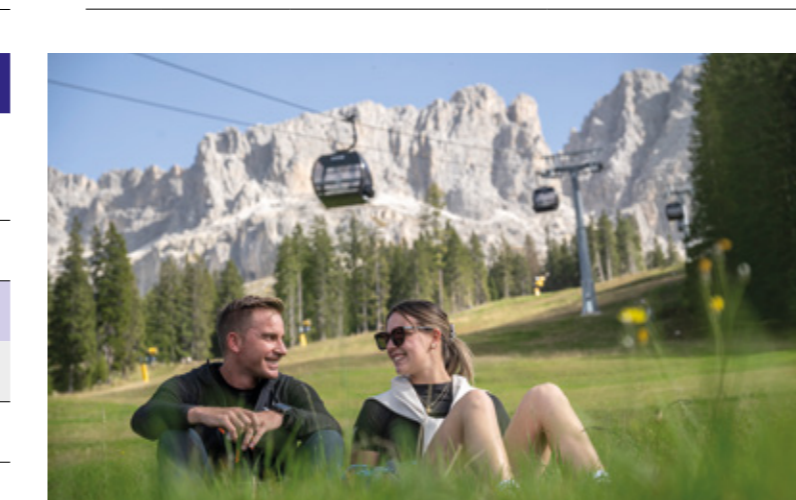
**G Vajolet Towers Tour**

Welschnofen → König Laurin → 15 → 7 → Hanigerschwaige → 7 → 1 Passo Niglerpass → 1A → Welschnofen

Variante A: 15 → 1B → Malga Messnerjoch Hut → 1 → 7 → Hanigerschwaige → 10 St. Zyprian Straße/Via S. Cipriano

Variante B: Hanigerschwaige → 10 → 7 → Plafötsch Alm → 7 → St. Zyprian → Tiers

↔	🕒	↑	↓	❤️
10,5 km	3:35 h	330 hm	583 hm	🟡
LIFT 8 km	30 min.	818 hm	565 hm	🔑
TOT. 18,5 km	4:05 h	1.148 hm	1.148 hm	



**H Höfe - Masi Tour**

Welschnofen → 1A → Niglerpass/Passo Nigra → 1 → 4A → Malga Hagner Alm (1.556m) → 4A → 1 → Maso Schiller Hof (1.555m) → 5 → Welschnofen

Variante:  
 Malga Hagner Alm → 4A → 4B → Maso Jocher Hof → 15A → Rechenmacher's Rosen Garten oder/or → 3A Welschnofen

↔	🕒	↑	↓	❤️
12,3 km	3:30 h	99 hm	664 hm	🟡
LIFT 3,6 km	13 min.	565 hm	0 hm	🔑
TOT. 15,9 km	3:43 h	664 hm	664 hm	



Erlebnis Familienwanderung  
 Escursione per tutta la famiglia  
 Family hiking tour

**I Latemar Labyrinth**

Rundweg/sentiero circolare/circular track:  
 Karerpass/Passo Costalunga/Carezza Pass → 17 → 18A → 18 → 20 Latemar → Mitterleger/Radura di Mezzo → 21 → Karerpass/Passo Costalunga/Carezza Pass

↔	🕒	↑	↓	❤️
8,4 km	3:30 h	380 hm	380 hm	🟡

Share your hikes and emotions with family or friends on facebook and instagram! #carezzadolomites

**J Stadlalm Tour**

Parking Karer See/Lago di Carezza/Lake Carezza → 8 → 25A → 25 → Stadlalm → 27 → Karerseestraße/Via Carezza

↔	🕒	↑	↓	❤️
6 km	2 h	203 hm	203 hm	🟡



**Santner - Klettersteig / Via Ferrata**

↔	🕒	↑	↓	❤️
7,5 km	5:30 h	1.087 hm	1.087 hm	🟡

**Rotwand - Klettersteig / Via Ferrata**

↔	🕒	↑	↓	❤️
6,4 km	5:00 h	985 hm	985 hm	🟡

**Masarè - Klettersteig / Via Ferrata**

↔	🕒	↑	↓	❤️
6,3 km	5:00 h	690 hm	690 hm	🟡

**K Tschafon Tour**

Welschnofen → Tiers → 12 → Weißlahnbad/Lavina Bianca (1.173m) → 6 → 4A → Wuhleger (1.402m) → 4 → 4B → 6 → Schönblick → 7A → 4 → Rif. M. Cavone/Tschafonhütte (1.733m) → 4 → 4A → 6 → Weißlahnbad/Lavina Bianca → 12 → Tiers → Welschnofen

↔	🕒	↑	↓	❤️
12,5 km	5 h	758 hm	759 hm	🟡
LIFT 14,6 km	44 min.	2.386 hm	2.386 hm	🔑
TOT. 27,1 km	5:44 h	3.144 hm	3.145 hm	



**L Tschamintal - Val di Ciamin Tour**

Trittsicherheit erforderlich, erster Abschnitt enthält Klettersteigpassagen/necessario passo sicuro, primo tratto comprende passaggi attrezzati di via ferrata/requires mountaineering experience, first section includes via ferrata passages: Welschnofen → König Laurin → 550 → Tschager Joch / Passo Coronelle (2.630m) → 541 → Rifugi Preuss/Vajolet → 584 → Grasleitenspass/Passo Principe (2.599m) → 11 → 3A → Rif. Grasleitens Hütte → 3A → 3 → Tiers → Welschnofen

↔	🕒	↑	↓	❤️
16,6 km	8 h	812 hm	2.014 hm	🔴
LIFT 12,7 km	43 min.	1.760 hm	565 hm	🔑
TOT. 29,3 km	8:43 h	2.572 hm	2.579 hm	

**CAREZZA TRAIL**

11% Flowtrail

Bike Enthusiasten kommen auf dem beliebten Carezza Trail und seiner PumpLine Variante voll und ganz auf Ihre Kosten. Zahlreiche Ticketvarianten von Einzelfahrt bis Saisonskarte erhältlich.

I biker appassionati hanno il loro tornaconto sul famoso Carezza Trail e la variante PumpLine. Numerose varianti di biglietti disponibili, dalla corsa singola all'abbonamento stagionale.

Bike enthusiasts can let off steam on the popular Carezza Trail and its PumpLine. Many different tickets available from single ride to season tickets.

**Carezza Trail**

Welschnofen → Malga Frommer Alm

↔	↑	↓	❤️
4,4 km	500 hm	70 m	20 45

**PumpLine**

Welschnofen → Malga Frommer Alm

↔	↑	↓	❤️
1,5 km	120 hm		🟡

Flowtrail with jumps, steeped banked curves and northshores.

Geöffnet ab Mai bis Ende Oktober  
 Aperto da maggio a ottobre  
 open from may to october  
 www.carezza.it



**Latemar Ronda**

Welschnofen → 1A Karer Pass/Passo Costalunga → 519 Moena → Radweg/ciclabile/bike route → Predazzo-Gardone → Feudo Pass → 504 → 505 → 9 → 8 → StraBe/Strada/street → Moseralm → Tschein → Carezza Trail → Welschnofen

↔	🕒	↑	↓	❤️
36,2 km	3:50 h	284 hm	1.971 hm	🟡
LIFT 6,6 km	30 min.	1.687 hm	0 hm	🔑
TOT. 42,8 km	4:20 h	1.971 hm	1.971 hm	

Share your MTB rides... #carezzatrail

